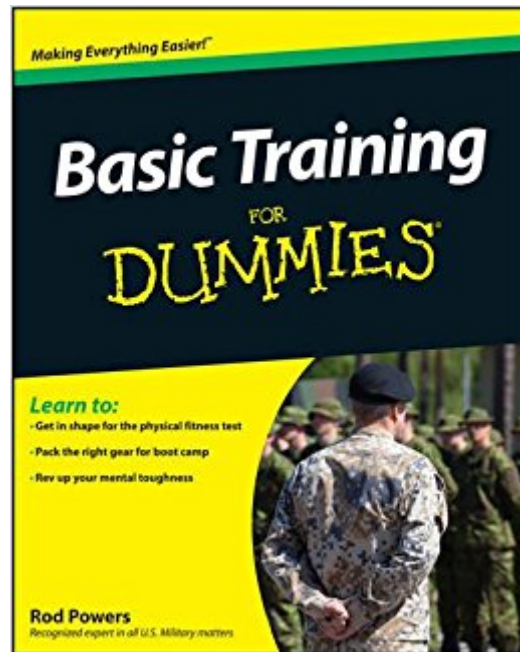




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# Basic Training For Dummies



## Synopsis

The easy way to prepare for basic training Each year, thousands of young Americans attempt to enlist in the U.S. Armed Services. A number of factors during a soldier's training could inhibit successful enlistment, including mental toughness and physical fitness levels. Basic Training For Dummies covers the ins and outs of this initial process, preparing you for the challenges you'll face before you head off for basic training.. You'll get detailed, week-by-week information on what to expect in basic training for each branch of service, such as physical training, discipline, classroom instruction, drill and ceremony, obstacle courses, simulated war games, self-defense, marksmanship, and other milestones. Tips and information on getting in shape to pass the Physical Fitness Test (PFT) All-important advice on what to pack for boot camp Other title by Powers: ASVAB For Dummies Premier, 3rd Edition, Veterans Benefits For Dummies Whether you join the Army, Air Force, Navy, Marine Corps, or the Coast Guard, Basic Training For Dummies prepares you for the challenge and will help you survive and thrive in boot camp!

## Book Information

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## Customer Reviews

Learn to: Get in shape for the physical fitness test Pack the right gear for boot camp Rev up your mental toughness The easy way to survive and thrive in boot camp Whether you join the Army, Air Force, Navy, Marine Corps, or the Coast Guard, this friendly guide gives you week-by-week information on what to expect in basic training for each branch of service, such as physical training, discipline, classroom instruction, drill and ceremony, obstacle courses, simulated war games,

self-defense, marksmanship, and other milestones. Basic training 101 &#151; discover what to expect during military basic training, from what happens on the firing range to which jobs you may want to volunteer for (and which ones to avoid at all costs) Before you boot &#151; get the inside scoop on ways to get in shape, what you should pack, and what you should leave at home Branch out &#151; find out exactly what you&#39;ll encounter in each of the services&#39; basic training programs, including daily activities and inspections, and how you&#39;ll interact with classmates and instructors Onward and upward &#151; learn about the different graduate events and basic training awards for each branch of the military Open the book and find: A day in the life of basic training Ways to get in shape before you ship out Guidance on making your final visit to MEPS Tricks to memorize rank, acronyms, and terms Methods to achieve higher rank and more pay What to expect when you get to your basic training location Tips and advice to make your drill instructor happy

Rod Powers, a recognized expert in all U.S. military matters, is the author of ASVAB For Dummies and serves as a military guide for About.com.

This helped me greatly in preparation for Basic Training back in 2012. Would definitely recommend any prospective Trainee/Recruit to get a copy before joining the armed forces. Only issue is that it's a bit outdated on terms of some of the information. Not quite 100% accurate as to what the real experience is. But you'll definitely find great pointers and useful information. Word of advice? Those pages on rank for enlistees and officers? Memorize them! That's easily the most important part of the book and probably the one thing that'll need to last your military career.

I am going to army basic combat training in June and this book has everything anyone could want to know about the army. It gives you a good list to memorize which will save you from doing hundreds of push-ups. During training there will be lots of memorization and by having this book it allows you to ease some of that stress if memorization. Overall an amazing book and necessity for anyone planning on joining the army.

My husband read this before going to basic. He said it could use some updating on the information. However it gave a decent idea of the expectations of basic training.

The book is smaller than it seems since it is sectioned by service (Army, Navy etc) but the advise

given was very useful to my son in BOOT and he thanked me for it AFTER boot. By the way he is now an MP in the Canine corp and immensely happy with his profession. A valuable AND FUNNY investment for your boot camp attendee

It was okay did it's job. Wish it had a little more info for the coast guard though

Good information, well laid out, and covers the branches individually in as much depth as you could expect in a book this length. Contains the information not to just squeak through boot camp, but the information to give you a head start in being a rounded, competent soldier (or Marine, sailor, or airman).

Filled with everything you need I wanted to go into the Army first but after reading the other options I am now planning on entering the U S Navy.

This book was everything I expected it would be and was told in the description. Very pleased!

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